The Canada-United States Boundary is 3,986.8 miles long and that between Canada and Alaska is 1,539.8 miles.

The St. Lawrence-Great Lakes system of navigable waterways provides ship transportation from the sea into the very heart of the continent. From the Strait of Belle Isle at the northern entrance to the Gulf of St. Lawrence, the sailing distance to the head of Lake Superior is 2,338 miles; from Montreal, Que., to Fort William, Ont., the great Canadian grain-shipping port, the distance is 1,215 miles. Throughout its length the waterways system gives access to a region rich in natural and industrial resources.

These inland waterways are of great benefit to Canada since modern canal systems by-pass the unnavigable portions of the St. Lawrence River, link up the various bodies of water of the Great Lakes and have a great economic influence on the wealth and progress of the nation. There are no tides in these lakes although considerable variation in water levels is sometimes occasioned by strong winds or heavy precipitation. At the Great Lakes ports and harbours, ships load and unload their cargoes to and from all points in Canada.

1.-Approximate Land and Fresh-Water Areas, by Provinces and Territories

Note.—For a classification of land area as agricultural, forested, etc., see pp. 27-28.

Province or Territory	Land	Fresh Water	Total	Percentage of Total Area
	sq. miles	sq. miles	sq. miles	
Newfoundland	37,0131	5,7211	154,734	4·0 1·1
Coast of Labrador	37,013	5,721	42,734 112,000	2.9
Prince Edward Island	$2,184 \\ 20,743$	325	2,184 21,068	0·1 0·6
New BrunswickQuebec	27,473 $523,860$	$\frac{512}{71,000}$	27,985 $594,860$	0·7 15·5
Ontario. Manitoba.	$363,282 \\ 219,723$	49,300 26,789	412,582 $246,512$	10·7 6·4
SaskatchewanAlberta	237,975 248,800	13,725 6,485	251,700 255,285	6·6 6·6
British Columbia	359,279 205,346	6,976 1,730	366, 255 207, 076	9·5 5·4
Yukon Northwest Territories	1,253,438	51,465	1,304,903	33.9
FranklinKeewatin	541,753 218,460	9,700	549,253 228,160	14·3 5·9
Mackenzie	493,225	34,265	527,490	13.7
Canada	3,499,1161	234,0281	3,845,144	100.0

¹ Excluding Coast of Labrador.

Section 1.—Physical Geography

From the standpoint of physical features Canada is divided into six natural divisions as follows:—

(1) The Appalachian Region, comprising the Provinces of Prince Edward Island, Nova Scotia, New Brunswick and the Island of Newfoundland, and most of that part of Quebec lying south of the St. Lawrence River, is a hilly or mountainous region and is made up largely of disturbed beds.